

Instruction for patients undergoing retinoscopy

- ❖ the duration of the examination is 2 hours and you should come 1.5 hour before the examination
- ❖ please bring sunglasses
- ❖ make sure you have a transport because you will experience blurred vision after receiving eye drops
- ❖ do not plan any activity that requires good vision
- ❖ retinoscopy can be performed in the afternoon, so your vision will normalise until the next morning
- ❖ ask for an excuse note for school.

Procedure:

- ❖ putting in the pupil-dilating eye drops
- ❖ pupil-dilating eye drops are applied 3 times, every 15 minutes
- ❖ retinoscopy is performed.

An ophtalmologist may check your vision once more without dilated pupils after retinoscopy and before making prescription glasses, when the pupils restore their normal function. Prescribed glasses have to be adequately and precisely prescribed, in order to avoid ocular discomforts.

Eye test without pupil dilatation is usually performed one week after a retinoscopy, so there is no residual effect of the pupil-dilating eye drops.