

Instructions before a serum iron test

- ❖ please do not drink vitamin rich juices 24 to 48 hours before collecting a blood sample
- ❖ if you were taking the iron therapy or multivitamin supplements with iron, serum iron should be measured at least:
 - 7 to 10 days after an oral iron administration
 - 3 days after an intravenous supplement administration
 - one month after an intramuscular iron administration
- ❖ serum iron concentrations are increased in patients who take medications (acetylsalicylic acid, chloramphenicol and oral contraceptives), multivitamins and chemotherapy agents (cisplatin and methotrexate).