

Instructions for urine sample collection

- ❖ before breakfast or other activities, please wash your hands with soap and external genitalia with warm water before collecting urine sample
- ❖ please collect a mid-stream urine sample of the first morning urine (or the urine which has been in the urinary bladder for at least 4 hours and maximum 8 hours)
- ❖ the analysis is neither recommended for women shortly before, during or shortly after a menstrual bleeding, nor for women having noticeable vaginal discharge
- ❖ urine sample is to be collected in a clean disposable wide-mouth container that must be tightly closed if it is transferred to a laboratory.