

Patient preparation for abdominal magnetic resonance imaging (MRI) scan

- ❖ you may eat a light breakfast (tea, bread, toast, spread) and a light lunch (e.g. dry polenta) around 12 AM, one day before the examination
- ❖ please come on an empty stomach in the morning (do not eat or drink anything) and if the examination is scheduled later during a day, please do not eat or drink at least 4 hours before the procedure
- ❖ recent creatinine and urea blood test results are required since the imaging can be performed with an application of contrast agent. If you decided to do these lab tests at our laboratory, please come one hour before the scheduled MRI.

Complete medical history and imaging results relevant to the indicated procedure should be brought upon arrival.

Contraindications for MRI imaging are **pregnancy**, implanted pacemaker and metal surgical clips, unless they are made of titanium.