

## Patient preparation for color doppler ultrasonography of the aorta and renal arteries

- ❖ you may eat a light breakfast (tea, bread, spread or toast) one day before the procedure, lunch should be light, mushy cooked food is recommended
- ❖ please do not eat fresh fruit, vegetables, beans, legumes or drink carbonated drinks in order to avoid bloating
- ❖ if you are non-diabetics you should take one MOVIPREP (or X-PREP) syrup at 4 PM but if you have diabetes you should take another laxative agent
- ❖ please take 2 to 3 litres of moderately sweetened tea or mineral non-carbonated water during the afternoon
- ❖ please come on an empty stomach (do not eat or drink anything) for the examination
- ❖ the examination is scheduled only in the morning.