

Patient preparation for pelvic magnetic resonance imaging (MRI) scan

- ❖ you may eat a light breakfast (tea, bread, toast, spread) and a light lunch (e.g. dry polenta) around 12 AM, one day before the examination
- ❖ please drink one MOVIPREP (or X-PREP) syrup at 11 AM or at 2 PM for working people
Take 2 to 3 litres of sweetened tea or tap water during the afternoon.
- ❖ please come on an empty stomach (do not eat or drink anything) in the morning and if the examination is scheduled in the afternoon, please do not eat 4 hours before the imaging
- ❖ recent creatinine and urea blood test results are required since the imaging can be performed with an application of contrast agent
If you decided to do these lab tests at our laboratory, please come one hour before the scheduled MRI.
- ❖ if you have undergone MRI or other imaging examination earlier, then these imaging results and scans must be brought.

For women:

- ❖ please insert a tampon before the start of examination for the vaginal wall analysis!

Patients with diabetes:

- ❖ drink 15 grams of Epsom salt dissolved in one litre of water and drink it within 30 to 45 minutes around 11 AM or 2 PM for working people.

Please take a light breakfast (toast, tea, polenta) in the morning before the examination and take your prescribed medications.

Please do not eat anything 4 hours before the examination!

Contraindications for MRI imaging are **pregnancy**, implanted pacemaker and metal surgical clips, unless they are made of titanium.